



## FOR IMMEDIATE RELEASE

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## Update to NH DMV Rules for Transgender Individuals

**Concord, NH, October 1, 2018** One of the challenges faced by transgender individuals is having their identification documents reflect their authentic gender. The New Hampshire Department of Motor Vehicles allows transgender individuals to change their gender marker on their driver's license or non-driver identification with a signed form from their provider. **This past month the rule was updated to include Psychologists as an authorized signature on the form.**

Unfortunately, Psychologists until now, have been excluded as qualified health care providers to sign this form for their clients, and the responsibility has been limited to physicians, APRNs, clinical social workers, and clinical mental health counselors. Over the last 2 years the DMV has repeatedly been asked by several psychologists, namely Dr. Paul Cody as well as by the New Hampshire Psychological Association Board and the NHPA Committee for Women, Minorities, and Diverse Populations, to recognize psychologists' qualifications in this arena. We are excited that Psychologists are now authorized to sign the form in support of clients changing their gender marker, removing an unnecessary obstacle for clients in navigating one of many complexities of transitioning. The DMV form can be found at

<https://www.nh.gov/safety/divisions/dmv/forms/documents/dsmv626.pdf>

### Additional resources for transitioning individuals can be found at:

- GLMA <http://www.glma.org/>
- National Center for Transgender Equality <https://transequality.org>
- Transgender Care <http://transcaresite.org/>
- TransPulse <https://www.transgenderpulse.com/>
- T-VOX <http://t-vox.org/>
- WPATH <http://wpath.org>

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