At its most recent meeting, and in reply to a related question, the Board of Psychologists reiterated that online courses that are live and interactive satisfy the requirement for live continuing education as long as the sponsoring organization qualifies under the category A as indicated in Psyc 402.01 (cited in part below)

Category A credit shall consist of 60 minute hours spent by licensees in the following: (1) Participation in seminars or workshops;
(2) Participation in home study courses, up to a maximum of 20 hours;
(3) Preparation of a seminar or workshop, up to a maximum of 10 hours;
(4) Graduate academic coursework; or
(5) Service to the board as a professional conduct investigation committee member, up to 20 hours.

(d) Category A seminars, workshops and home study shall consist of sessions and/or study materials that are offered through or approved by one of the following groups:

(1) American Association of Group Psychotherapists;
(2) American Association for Marriage and Family Therapy;
(3) American Association of Pastoral Counselors or their accredited training programs; (4) American Association of Sex Educators, Counselors & Therapists;
(5) American Counseling Association;
(6) American Medical Association;
(7) American Medical Seminars;
(8) American Mental Health Counselor Association; (9) American Nurses Association;
(10) American Nurses Credentialing Center;
(11) American Psychological Association;
(12) American Board of Professional Psychologists;
(13) American Psychiatric Association;
(14) Association of State and Provincial Psychology Boards;
(15) National Association of Social Workers;
(16) National Board for Certified Counselors;
(17) National Register of Health Service Providers in Psychology;
(18) National Association of School Psychologists; or

(e) Category A graduate academic coursework shall consist of participation as a registered student in courses offered by or through a department of psychology or other department in the behavioral sciences, psychiatry, or psychiatric nursing at a regionally accredited school, college or university or theological school, provided that:

(1) Each semester hour of course credit shall count as equivalent to 6 continuing education credits, and
(2) Each quarter hour of course credit shall count as 4 continuing education credits.

(f) Category A credit for licensees teaching a graduate academic course as described in (c) shall be counted as follows:

(1) Preparation of a syllabus and teaching of a new semester length course shall count as 10 credits; and
(2) Thorough updating of a previously offered semester length course, including preparation of a new syllabus, review of the literature, preparation of reading lists and course assignments shall count as 5 credits.

(g) Category B credit shall consist of:

(1) Participation in mental health seminars or workshops not meeting the requirements of Category A;

(2) Hours spent in research, editing, writing, and publication of articles relating to the practice of psychology in professional journals or books, up to a maximum of 10 credits in the licensing period; or

(3) Providing mental health workshops or seminars to the public or professionals, or the teaching of graduate or non-graduate courses, not to exceed 5 hours per year.

Psyc 402.02 Continuing Education Requirements.

(a) Each licensee shall complete and document completion of 40 approved hours of continuing education during the license term as a condition of license renewal.

(b) At least 30 of the 40 hours shall be completed from Category A.

(c) At least 6 of the 40 hours shall be completed in ethics and shall be from Category A.

(d) No more than 10 hours shall be from Category B.

To summarize, 30 of the 40 CEUs for the two year period must be in category A.

- 6 of these must be in Ethics.
- At least 10 of the category A hours must be live - either in person or, as the board has already clarified, online live & interactive.
- The sponsor list for category A is found at 402.01 (d). Note that NHPA is listed there.
- 402.01 (c), (e) and (f) have additional methods to achieve category A credit though coursework and presentations etc.

It is helpful that NHPA is providing an online live and interactive attendance option for the NHPA live seminars in fulfillment of CEU licensing requirements for those who wish to avoid gatherings.

If there are further questions or issues concerning these issues, please let me know and hopefully I may be able to answer these. Questions can be directly submitted to the Board by emailing:

Psychologists.Board@oplc.nh.gov

In addition, we can address such issues as well at our upcoming board meeting on April 3, 2020.

Robert Walrath, PsyD
Chair, Board of Psychology